




Name:		Room #:				WEEK 4	
SUN. 1/27	MON. 1/28	TUES. 1/29	WED. 1/30	THURS. 1/31	FRI. FEBRUARY 1ST	SAT. 2/2	
BREAKFAST Cranberry juice Scrambled eggs Farina Sausage links English muffin BREAKFAST Alternates Cold Cereal Hard boiled eggs	Orange juice Fruited pancakes Oatmeal Bacon  Cold Cereal Scrambled eggs	Apple juice Hard boiled egg Cream of rice Muffin Cold Cereal Scrambled eggs	Cranberry juice French toast Oatmeal w/brown sugar Sausage links Cold Cereal Scrambled eggs	Orange Juice Cheese Omelet Farina Corned beef hash Toast Cold Cereal Scrambled eggs	Apple juice Cheesy scrambled eggs Oatmeal Mini danish Cold Cereal Hard boiled egg	Cranberry juice Pancakes Cream of rice Bacon Cold Cereal Scrambled eggs 	
LUNCH Turkey pot pie Cauliflower Angel food cake Bread	Meatloaf Red mashed potatoes Peas Peaches Bread	Chicken Parmigiana Penne W/Tomato Sauce Veg-Italian Blend Apple pie Bread	Cheeseburger On A Bun French-Fries Oven Baked Cole Slaw Fresh banana	Shrimp Linguine Italian green beans Chocolate pudding Dinner roll	Stuffed Sole Fish Peas & Pearl Onions Potato-Roasted Red Crushed pineapples Bread	Pork-Loin Roast Gravy-Pork Potato-Mashed Broccoli Bread Pie Assorted	
LUNCH Alternates Liver & Onions Noodles Broccoli	Baked chicken Rice Carrots	Salisbury steak Mashed potatoes Green beans	Turkey & Cheese Wrap Cold carrot salad	Stuffed shells Broccoli	Beef Pot Pie Rice-White Beets	Cheeseburger on bun Steak Fries Green beans	
Broccoli SUPPER Soup-Vegetable Barley Meatballs With Sweet & Sour Mashed potatoes Stir fry vegetables Fruit cocktail Bread	Soup-Tomato Roast turkey Brown rice Lima beans Chocolate tart Bread	Soup-Split pea Tuna Salad Plate Macaroni Salad 3-Bean Salad Fruit Cocktail Bread	Soup-Minestrone Chicken Cacciatore Pasta-Bowtie Honey baby carrots Tapiocia pudding Bread	Soup-Cream of corn Hot dog on a bun Baked beans Sauerkraut Melon cup	Soup-Pasta Faggioli Sauce-Tomato Manicotti-3 Cheese Green Beans Bread Jell-O 	Soup-Beef Barley Sliced turkey on croissant Coleslaw Diced pears	
SUPPER Alternates Turkey Sandwich Diced beet salad	Baked fish Mashed potatoes Broccoli	Cottage cheese fruit plate	Fish Sticks Rice Broccoli	Chicken Quesadillas Green beans	Fish cake Mashed potatoes Carrots	Grilled Ham & Cheese Mixed vegetables	
Sandwich Of The Day Chicken Salad	Ham And Swiss	Peanut Butter & Jelly	Bologna	Liverwurst & Onion	Egg Salad	Turkey & Cheese	